

AUGUST/SEPTEMBER '10

Central Christian School

Lunch Menu



Welcome Back!!

				26 Corn dog Tater tots Baked beans Peach half	27 Breaded chicken sandwich Lettuce & tomato Pasta salad Pineapple chunks Or Chef salad
30 Sloppy Joes Green beans Baby carrots Shape-up Or Chef salad	31 Chicken fried steak Mashed potatoes & cream gravy Peas Pear half Hot roll	1 Cheese pizza Tossed salad Corn Fruit mix Or Chef salad COOKIE-50¢	2 Soft taco Shredded lettuce & cheese Refried beans Tortilla chips Orange quarters	3 Ham & cheese sandwich Cheese curls Fresh veggies Apple half Or Chef salad	
6 "LABOR DAY" NO SCHOOL	7 Hot dog Baked beans French fries Peach slices	8 Spaghetti & meat sauce Tossed salad Apricots French bread Or Chef salad COOKIE-50¢	9 Scalloped potatoes w/diced ham Green beans Apple sauce Roll	10 Burrito Shredded lettuce Diced tomatoes Tortilla chips Fruit mix Or Chef salad	
13 Chicken quesadilla Shredded lettuce Spanish rice Apple half Or Chef salad	14 Lasagna Tossed salad Pineapple slices Garlic toast	15 "FAIR DAY" NO SCHOOL 	16 Chicken nuggets Mashed potatoes w/cream gravy Mixed veggies Banana half Roll	17 Deli sandwich Lettuce & tomato Cheese curls Melon mix Or Chef salad	
20 Cheeseburger French fries Corn Watermelon Or Chef salad	21 Salisbury steak Party potatoes Corn Diced peaches & pears Muffin	22 Biscuit & gravy Hash brown Sausage patty Orange smiles Apple juice Or Chef salad COOKIE—50¢	23 Chicken & noodles Mashed potatoes Green beans Strawberries & peaches Roll	24 Ravioli Tossed salad Bread stick Fruit mix Or Chef salad	
27 Taco burger W/shredded lettuce & cheese Spicy tots Apple half Brownie Or Chef salad	28 Pepperoni pizza Tossed salad Corn Peach slices	29 Baked potato Taco topping Broccoli & cheese Toasted buns Or Chef salad COOKIE—50¢	30 Chili Cinnamon rolls Baby carrots Applesauce		

This institution is an equal opportunity provider.

Menus are subject to change.

Please make school lunch payments between 7:40 & 8:00 a.m.

Students are allowed to owe for 2 lunches. Thanks!